

chips

Total ingredient (raw) weight: 1018.20 g
Total (cooked) weight: 1018.20 g
Weight change: 0.00 %

| Nutrition Information | | |
|-----------------------|------------------------------|----------------------------|
| Servings per package: | 10.00 | |
| Serving size: | 100.00 g | |
| | Average Quantity per Serving | Average Quantity per 100 g |
| Energy | 366 kJ | 366 kJ |
| Protein | 2.5 g | 2.5 g |
| Fat, total | 2.0 g | 2.0 g |
| - saturated | 0.3 g | 0.3 g |
| Carbohydrate | 13.6 g | 13.6 g |
| - sugars | 0.4 g | 0.4 g |
| Sodium | 4 mg | 4 mg |

Ingredient name: Potato, sebago, peeled, raw
13A11490

Amount: 1000.00 g

Energy: 305 kJ **Fat, total:** 0.2 g **Carbohydrate:** 13.8 g **Sodium:** 4 mg
Protein: 2.5 g **Fat saturated:** 0.0 g **Sugars:** 0.4 g

Ingredient name: Oil, olive, pure
04C10073

Amount: 20.00 ml **Specific gravity:** 0.91

Energy: 3700 kJ **Fat, total:** 100.0 g **Carbohydrate:** 0.0 g **Sodium:** 0 mg
Protein: 0.0 g **Fat saturated:** 15.3 g **Sugars:** 0.0 g

NOTE: All nutrient values shown above for these ingredients are per 100g EP

Working values may differ from final NIP due to rounding.

Printed: 22:03 Tuesday, 12 August 2014